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NEWSLETTER

JANUARY 2025



MERCURY

**draMa thERapy to inCrease the
entrepreneURial potential of Youth**

**The MERCURY project combines
post-traumatic growth theory,
drama therapy, and digital tools to
empower youth workers in Poland,
Lithuania, Hungary, and Serbia.**

DEAR MERCURY COMMUNITY

We're thrilled to share the latest developments in our journey to empower young people through drama therapy and entrepreneurship. Here's a roundup of recent accomplishments:



MERCURY PROJECT ENTERING FINAL PHASE

From September 18-20 MERCURY project concluded a successful training session for youth workers in **Budapest, Hungary**. The training introduced participants to the MERCURY toolkit, which is designed to develop entrepreneurial and employability skills in young people who have experienced trauma. The toolkit incorporates five drama therapy methods—Improvisation, Role-playing, Theatre games, Guided imagery, and Storytelling—blending these with digital tools to create a lifelong learning experience.



A milestone achieved in **Łódź, Poland!** Through innovative drama therapy methods, 20 young people took part in testing activities designed to enhance their entrepreneurial and employability skills. The testing focused on our comprehensive toolkit, featuring 25 practical exercises (including 5 digital tools) that explored self-development through improvisations, role-playing, theater games, guided imagery, and storytelling. Focus group interviews captured valuable feedback from participants, each proudly receiving their **YOUTHPASS** certificate.



NEXT STEPS:

- **MERCURY toolkit development consisting of 25 drama therapy exercises across 5 different drama-therapy methods, available in 5 languages (English, Polish, Hungarian, Serbian, and Lithuanian);**
- **Practical recommendations for youth workers to support young people's entrepreneurial development, with emphasis on safe spaces and resilience-building**
- **Final partner meeting in Belgrade, where the team will evaluate impact and developed strategies for implementing the toolkit in youth work practice**



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